Emotions

Anger

A Screaming Kind of Day by Rachna Gilmore
After starting the day fighting with her brother Leo, Scully insists on going out in the rain, with her hearing aids in, so she can hear the roar of the rain and feel it on her face.

Annie’s Chair by Deborah Niland
Today, Annie was boiling mad. Someone was sleeping in her chair! No one is allowed on my chair! Annie tells everyone. But who has broken the rule? And what will Annie do to get her favourite chair back?

Cranky Ballerina by Elise Gravel
Saturdays make Ada cranky because that’s the day of her ballet class, and she hates ballet.

Temper

Sam’s Pet Temper by Sangeeta Bhadra
At first, the temper is great company. But before long, it becomes hard to handle, and Sam starts to wish it would leave him alone. One dreadful day, the Temper takes things TOO FAR, and Sam knows he has to do something.

Temper Tantrum Book by Edna Mitchell Preston
Relates in rhyme several issues between parent and child that provoke tantrums.

Envy, Jealousy

Alexander and the Wind-Up Mouse by Leo Lionni
Alexander, a real mouse, wants to be a toy mouse like his friend Willy until he discovers Willy is to be thrown away.

Billy and Our New Baby by Helene S. Ainstein
Feeling jealous of his new baby brother, Billy wants to behave like a baby but realizes that it’s more fun to be a big boy.

Fox by Margaret Wild
An injured magpie and a one-eyed dog live happily together in the forest until a jealous fox arrives to teach them what it means to be alone.

St. Francis and the Proud Crow by Bernadette Watts
After Saint Francis grants his wish for a golden cage, Crow realizes the folly of envy and the value of freedom and love.

Sadness

Fog Cat by Marilyn Helmer
Hannah first sees the stray cat the summer she comes to live with her grandfather and is soon determined to tame it.

Frog is Sad by Max Velthuijs
Poor Frog is sad, feeling down and in need of cheering up — can any of his friends help him raise a smile?

Miffy is Crying by Dick Bruna
Miffy loses her bear but bravely carries on with her day until she gets a surprise.

Moving Day by Tobi Tobias
A small girl is involved in the excitement, turmoil, and sadness of moving from one house to another and keeps her toy bear close for reassurance.

Where is Daddy? : The Story of a Divorce by Beth Goff
Describes the fears of a little girl when her parents are divorced and how her mother and grandmother come to realize that she needs extra assurance.

Happiness

Happy Frog by Hiawyn Oram
Frances was happy. She could hop, skip and go exploring. She liked being a frog. But one dreadful day, she found herself at the feet of a handsome prince, whose mother knew her fairytales…

My Heart Fills With Happiness by Monique Gray Smith
A board book that celebrates happiness and invites children to reflect on the little things in life that bring them joy.

Short and Incredibly Happy Life of Riley by Colin Thompson
Rats live for quite a short time and for most of that time they are very, very happy…
Emotions

Fear

Biggest, Meanest, Ugliest Dog in the Whole Wide World by Rebecca C. Jones  
PZ 7 .J72478 BI 1982  
Jonathan is terrified of the dog next door, until one day he throws his bat at it in defense and their relationship changes.

Franklin is Lost by Paulette Bourgeois  
PZ 7 .B6654 FL 1992  
Franklin becomes lost when he wanders off while playing hide and seek with his friends.

Hour of the Frog by Tim Wynne-Jones  
PZ 7 .W94 Hou 1989  
A little girl hears the nighttime noises of a frog getting a snack in her kitchen and makes up her mind to confront him.

Wolves In the Walls by Neil Gaiman  
Lucy is sure there are wolves living in the walls of her house, although others in her family disagree, and when the wolves come out, the adventure begins.

Grief

Jasper's Day by Marjorie Blain Parker  
PZ 7 .P22272 JA 2002  
Knowing that their beloved dog Jasper, now close to death from cancer, must be euthanized, a family takes a day to celebrate their pet's life and what he has meant to them.

Liplap's Wish by Jonathan London  
PZ 7 .L8432 LI 1994  
As he builds a snowbunny, Liplap feels something is missing and wishes his grandmother who recently died was with him.

My Pig Amorillo by Satomi Ichikawa  
PZ 7 .I16 MY 2003  
Pablito, a Guatemalan boy whose pet pig Amorillo has disappeared, uses a kite to send him a message that he still loves him.

Loneliness

Joseph's Boat by Caroline Macdonald  
PZ 7 .M14644 JO 1989  
Joseph has always lived on an island with his father, a shepherd and hundreds of sheep, but he has no one his own age to talk to. So Joseph decides to visit the mainland, a place he has only heard about and where children have friends to play with. But to reach the mainland, Joseph needs a boat.

Moving Molly by Shirley Hughes  
PZ 7 .H87395 MO 1979  
Molly is lonely after her family's move from the city to the country, but she adjusts with the help of her new next-door neighbors.

Snow Cat by Dayal Kaur Khalsa  
PZ 7 .K52647 SN 1999  
Elsie, who lives alone in a snow-covered house on the edge of the woods, makes a friend when a huge cat made of snow comes to play with her.

Story of Little Quack by Betty Gibson  
PZ 7 .G33926 ST 1990  
Jackie finds companionship on the farm with his new pet Little Quack, until the day the duck mysteriously disappears.

Love

If You Listen by Charlotte Zolotow  
PZ 7 .Z77 IH 1980  
A mother reassures her little girl there is a way to know that someone far away loves you.

Mama, Do You Love Me? by Barbara M. Joosse  
PZ 7 .J7435 NA 2000  
A child living in the Arctic learns that a mother's love is unconditional.

Mole and the Baby Bird by Marjorie Newman  
PZ 7 .M484 MO 2003  
When Mole finds an abandoned baby bird he decides to take it home and look after it. But wild birds are not meant to be pets.

Two Homes by Claire Masurel  
PZ 7 .M423958 TW 2003  
A young boy named Alex enjoys the homes of both of his parents who live apart but love Alex very much.

Velveteen Rabbit, or, How Toys Become Real by Margery Williams Bianco  
PZ 7 .B4713 VE 1946  
By the time the Velveteen Rabbit is dirty, worn out, and about to be burned, he has almost given up hope of ever finding the magic called Real.